

## **Solo Informal Communion**

*O = Ordained. Instructions are in italics.*

*This service may be performed by those in Minor Orders (Cleric to Subdeacon) and by Deacons. This service is not a Mass in the sense that it is not a re-creation of the Sacrifice that Christ made as when a Priest would celebrate, but is a remembrance of the Last Supper as Christ shared with His friends in the upper room. This service has been compiled because of Bp. Wedgwood's observation that the Ordained "may have no congregation at all". It is probably best suited for insertion between The Lord's Prayer and The Blessing in the Divine Offices, since the day's scripture readings will have been recited. It may, however, be used in stand-alone fashion with the Scriptures recited where indicated.*

*Ordinary bread is used, and a bread roll is ideal. A cracker or water biscuit can be used for those situations where unleavened bread is required. Red wine, or grape juice if preferred, is used. The Ordained may dip the bread, cracker, or biscuit into the wine or juice. An ordinary small plate and a small wine glass is used. A white cloth or paper serviette are already placed on a suitable table.*

**O:** In the Name of the Most High God: ( + ) Father, Son, and Holy Ghost, Amen.

May the Grace of the LORD Jesus Christ, and the Love of God, and the Companionship of the Holy Ghost be with the world. Amen.

*[ The LCC Confiteor may be said. ]*

**O:** O LORD, You created us to be immortal and made us to be an image of Your own eternity; yet often we forget the glory of our heritage and wander from the path which leads to righteousness. But You, O LORD, made us for Yourself and our hearts are ever restless till they find their rest in You. Look with the eyes of Your love upon our manifold imperfections and pardon all our shortcomings, that we may be filled with the brightness of the everlasting light and become the unspotted mirror of Your power and the image of Your goodness; through Christ our LORD. Amen.

*[ A recored hymn may be played. ]*

- O:** In preparation to singularly celebrate the mystery of Christ's Love, I confess that I am a sinner and ask the LORD for pardon and for strength.

*[ Silence may be kept for reflection and confession. ]*

- O:** I confess to Almighty God,  
And to my absent sisters and brothers,  
That I have sinned through my own fault:  
In my thoughts and in my words,

*[ Strike the breast at this point, if appropriate ]*

In what I have done,  
And in what I have failed to do;  
And I ask Blessed Mary, ever Virgin,  
All the angels and saints,  
As well as those absent sisters and brothers,  
To pray for the world and me to the LORD our God.

( + ) May Almighty God have mercy on the world, forgive its sins, and bring it to everlasting life. Amen.

### **[ Prayers and Scripture Readings – Daily Missal or Lectionary ]**

*[ A Hail Mary may be said. ]*

*[ The adapted LCC Act of Faith may be said. ]*

- O:** I believe that God is love and power and truth and light; that perfect justice rules the world; that all His children shall one day reach his feet, however far they stray. I hold the fatherhood of God, the family of humankind; I know that we do serve Him best when we serve one another. So may His blessing rest on the world and peace for evermore. Amen.

*The Ordained holds up the plate with the bread on it and says:*

- Blessed are You, LORD God of all creation, through Your Goodness this bread is offered, that earth has given and human hands have made. May it become for the world the bread of life. Blessed be God Forever.

*The plate with the bread is replaced in the center of the cloth. A little wine or juice is poured into the cup; and then a drop of water is added and the Ordained says:*

- By the mystery of the mingling of this water and wine may the world come to share in the Divinity of Christ, who humbled Himself to share in its humanity.

*Then, raising the cup, the Ordained says:*

- Blessed are You, LORD God of all creation, through Your Goodness this drink is offered, fruit of the vine and the work of human hands. May it become for the world its spiritual drink. Blessed be God forever.

*The cup is placed back on the cloth beside the plate, and the Ordained bows slightly and says:*

- With humble and contrite hearts, Heavenly God, the world asks You to receive it and to be pleased with its praises.

At the Last Supper, as Jesus sat at table with the disciples,  
Jesus offered Himself to You as the Lamb without blemish,  
the acceptable gift that gives You perfect praise.  
Jesus left this memorial of the passion  
to continue its saving power until the end of time.  
In this great feast You feed Your people  
and strengthen them in holiness,  
so that the human family, which shares the same earth,  
may be enlightened by faith  
and drawn together by love.  
May all who would come to this communal table  
be transformed by Your grace

into the likeness of the risen Christ.  
And, therefore, earth unites with heaven  
to sing a new song of praise;  
they too would join with the hosts of angels  
as they proclaim Your glory without end:  
Holy, Holy, Holy,  
God of power and might,  
heaven and earth are full of Your glory  
Hosanna in the highest!  
Blessed are all who come in the name of the LORD.  
Hosanna in the highest!

**O:** May the world and all its people share food, justice, and peace.

*The Ordained lifts the bread, says these words, and then eats.*

**O:** The Body of the LORD Christ broken for the world.

*The Ordained lifts the cup, says these words, and then drinks.*

**O:** The Blood of the LORD Christ shed for the world.

*The Ordained sets down the cup.*

**O:** Though the people of the earth are many, may they be one body, sharing one bread and one cup.

**[ The LORD'S Prayer, if not already said. ]**

*[ A recored hymn may be played. ]*

**O:** Strengthen me, my absent sisters and brothers, to go out into the world to love and serve the LORD. Amen.

*[ Return the the divine office final blessing, or: ]*

**END of service.**

OCAC – USA – St. Adalbert Oratory

*Please pray for your families, work, and neighborhood. Please also pray for the OCAC.*