

1. ASPIRANCY FORMATION TEXTS

Robert B. Kruschwitz, Gen. Ed. "Vocation." Christian Reflection: A Series in Faith and Ethics. Baylor University: Waco, TX. 2004.

Martin Thornton. "Julian of Norwich." English Spirituality: An Outline of Ascetical Theology According to the English Pastoral Tradition. Akenside Press: Riverside, IL. 1972.

Pope John Paul II. Redemptoris Mater: On the Blessed Virgin Mary on the Life of the Pilgrim Church. 1987.

How to Discern the Elements of Your Personal Vocation

Week 1-2	Vocation, pgs 8-35
Week 3-4	Vocation, pgs. 89-93, Julian, pgs 2-17
Week 5-6	Redemptoris Mater, Prologue, Chap 1-2
Week 7-8	Redemptoris Mater, Chap 3-4
Week 9-10	Redemptoris Mater, Chap 5-6
Week 11-12	How to Discern

2. NOVITIATE FORMATION TEXTS

Marek Kotynski, C.Ss.R. "Meditation According to Alphonsus de Liguori." SHCSR 62 (2014) pgs. 453-479.

R.J. Spitzer, C.Ss.R. The Miraculous Image of our Mother of Perpetual Help. Liguori, MO: Ligouri Publications. 1954.

Ethelred L. Taunton. Little Office of Our Lady: A Treatise Theoretical, Practical and Exegetical. John Bale: London. 1903.

Roman Catholic Church. Apostolicam Actuositatem: Decree on the Apostolate of the Laity. 1965

Roman Catholic Church. Perfectae Caritas: Decree on the Adaptation and Renewal of Religious Life. 1965.

Santino Raponi C.Ss.R. The Charism of the Redemptorists in the Church: A Commentary on the Constitutions. Center for Redemptorist Spirituality: Rome. 2003.

Congregation of the Redemptorists of Julian of Norwich. Constitutions. 2023.

Congregation of the Redemptorists of Julian of Norwich. General Statutes. 2023.

Congregation of the Redemptorists of Julian of Norwich. General Formation Plan. 2023.

Congregation of the Redemptorists of Julian of Norwich. Particular Formation Plan. 2023.

Congregation of the Redemptorists of Julian of Norwich. Rite of Profession. 2023.

5 Days with the Lord Self-Directed Retreat

Week 1-2	Meditation According to Alphonsus de Liguori
Week 3-4	Miraculous Image of Our Mother of Perpetual Help
Week 5-6	Little Office, Part 1, Chap 1 (pgs 1-16)
Week 7-8	Little Office, Part 1, Chap 2 (pgs 17-36)
Week 9-10	Little Office, Part 2, Chap 1 (pgs 48-54), Chap 2 (55-58), Chap 3 (59-66)
Week 11-12	Little Office, Part 2, Chap 4 (pgs 67-73), Chap 5 (74-77), Chap 6 (78-83), Appendix (pgs 433-438)
Week 13-14	Apostolicam Actuositatem
Week 15-16	Perfectae Caritas
Week 17-18	Constitutions, Prologue; General Statutes, Prologue; Raponi (pgs 157-160)
Week 19-20	Constitutions, Chapter 1; General Statutes, Chapter 1; Raponi (pgs 161-234)
Week 21-22	Constitutions, Chapter 2; General Statutes, Chapter 2; Raponi (pgs 239-270)
Week 23-24	Constitutions, Chapter 3; General Statutes, Chapter 3; Raponi (pgs 275-302)
Week 25-26	Constitutions, Chapter 4; General Statutes, Chapter 4; Raponi (pgs 303-318)
Week 27-28	Constitutions, Chapter 5; General Statutes, Chapter 5; Raponi (pgs 390-412)
Week 28-29	Constitutions, Appendix; General Statutes, Appendices 1-4
Week 30-31	General Formation Plan, Prologue; Particular Formation Plan, Prologue
Week 32-33	General Formation Plan, Chapter 1; Particular Formation Plan, Chapter 1
Week 34-35	General Formation Plan, Chapter 2; Particular Formation Plan, Chapter 2
Week 36-37	General Formation Plan, Chapter 3; Particular Formation Plan, Chapter 3
Week 38-39	General Formation Plan, Chapter 4; Particular Formation Plan, Chapter 4
Week 40-41	General Formation Plan, Appendices 1-4
Week 42-43	Rite of Profession, Prologue and Initiation
Week 44-45	Rite of Profession, Chapters 1-3
Week 46-47	Rite of Profession, Chapters 4-6
Week 48-49	Rite of Profession, Chapters 7 & Appendices A & B
Week 50-52	Self Directed Retreat

3. STUDENTATE—JULIAN & ALPHONSUS FORMATION TEXTS

Mirabai Starr. The Showings of Julian of Norwich: A New Translation. Hampton Roads: Charlottesville, VA. 2013.

Beth M. Stovell. “Oned and Grounded in Love: Julian of Norwich and the Johannine God of Love.” Didiskalia. Summer. 2016. 1-28.

Petronella Hedwig Herman Maria Galama. Behold How I Love You: The Theology and Mystagogy of Julian of Norwich’s Showing of Love. (Ph.D. Diss). U of Bristol. 2006.

Kwang Cheol-Oh. The Spiritual Theology of Julian of Norwich as a Resource for Issues in Theoretical and Pastoral Theodicy. (Ph.D. Diss). U of St. Michael’s College. 2013.

Dennis Billy C.Ss.R., Plentiful Redemption: An Introduction to Alphonsian Spirituality. Liguori, MO: Liguori Publications. 2001.

Classics of Western Spirituality. Alphonsus de Liguori: Selected Writings. New York: Paulist Press. 1999.

Week 1-2	Julian (Watson/Jenkins) Introduction (pgs 1-24), Oned and Grounded
Week 3-4	Julian (Starr) Introduction (pgs xiii-xx), Behold How I love You, Chapter 1 (pgs 21-37)
Week 5-6	Julian (Starr) Chapters 1-7, Behold How I love You, Chapter 2 (pgs 37-67)
Week 7-8	Julian (Starr) Chapters 8-15, Behold How I love You, Chapter 3 (pgs 68-96)
Week 9-10	Julian (Starr) Chapters 16-24, Behold How I love You, Chapter 4 (pgs 97-134)
Week 11-12	Julian (Starr) Chapters 25-32, Behold How I love You, Chapter 5 (pgs 135-174)
Week 13-14	Julian (Starr) Chapters 33-41, Behold How I love You, Chapter 6 (pgs 175-219)
Week 15-16	Julian (Starr) Chapters 42-48, Spiritual Theology, Chapter 1 (pgs 12-56)
Week 17-18	Julian (Starr) Chapters 49-52
Week 19-20	Julian (Starr) Chapters 53-57, Spiritual Theology, Chapter 2 (pgs 62-109)
Week 21-22	Julian (Starr) Chapters 58-65
Week 23-24	Julian (Starr) Chapters 66-73, Spiritual Theology, Chapter 3 (pgs 112-161)
Week 25-26	Julian (Starr) Chapters 74-82
Week 27-28	Julian (Starr) Chapters 83-86, Spiritual Theology, Chapter 4 (pgs 165-214)
Week 28-29	Classics General Introduction 9-30.
Week 30-31	Classics General Introduction 31-51.
Week 32-33	Plentiful Redemption, Chap 1 (pgs 3-20)
Week 34-35	Plentiful Redemption, Chap 2 (pgs 21-40)
Week 36-37	Plentiful Redemption, Chap 3 (pgs 41-52), Plentiful Redemption, Chap 6 (80-90),
Week 38-39	Chap 5 (pgs 69-79), Classics Conversing 271-290,
Week 40-41	Plentiful Redemption, Chap 7 (pgs 91-104), Classics Prayer (pgs 291-301)
Week 42-43	Plentiful Redemption, Chap 8 (pgs 106-116), Chap 9 (pgs 117-129)
Week 44-45	Plentiful Redemption, Chap 10 (130-144)
Week 46-47	Classics Practice of the Love of Jesus Christ, Chapters 1-6 (pgs 107-130)
Week 48-49	Classics Practice of the Love of Jesus Christ, Chapters 7-11 (pgs 130-161)
Week 50-52	Classics Novena to the Sacred Heart (pgs 220-238), Litany of Julian of Norwich

4. APOSTOLATE—MISSIONARY FORMATION TEXTS

General Secretariat for People in Mission. Called into Communion for Mission: Redemptorists and Lay People Together Proclaiming the Good News of Jesus Christ to the Most Abandoned – a Step Forward. Congregation of the Most Holy Redeemer. 2008.

Dennis Billy C.Ss.R. Simple, Heartfelt Words: Preaching in the Alphonsian Tradition. Liguori, MO: Liguori Publications. 2006.

Joseph Echano. Preaching the Gospel Anew: A Reappropriation of Negative (Apophatic) and Positive (Cataphatic) Theology in Redemptorist Mission and Identity in the Age of Globalization. Masters Thesis: MCD U of Theology: Australia. 2012.

Dennis Billy C.Ss.R. With Open Heart: Spiritual Direction in the Alphonsian Tradition. Liguori, MO: Liguori Publications. 2003.

Dennis Billy C.Ss.R. Finding our Way to God: Spiritual Direction and the Moral Life. Liguori, MO: Liguori Publications. 2018.

Elaine A. Heath. The Mystic Way of Evangelism: A Contemplative Vision for Christian Outreach. Grand Rapids: Baker Academic. 2008.

Week 1-2	Called into Communion Part 1 (pgs 3-27)
Week 3-4	Called into Communion Part 2 (pgs 29-44)
Week 5-6	Simple Chap 1 (pgs 1-12); Simple Chap 2 (pgs 13-23)
Week 7-8	Echano Part 1 (pgs 13-25); Echano Part 2 (pgs 30-57)
Week 9-10	Simple Chap 3 (pgs 24-34); Simple Chap 4 (pgs 35-46)
Week 11-12	Echano Part 3 (pgs 58-87)
Week 13-14	Simple Chap 5 (pgs 47-58); Simpler Chap 6 (pgs 59-69)
Week 15-16	Echano Part 4 (pgs 88-113)
Week 17-18	Simple Chap 7 (pgs 70-81); Open Chap 1 (pgs 1-14)
Week 19-20	Open Chap 2 (pgs 15-28); Open Chap 3 (pgs 29-44)
Week 21-22	Open Chap 4 (pgs 45-62)
Week 23-24	Open Chap 5 (pgs 63-78); Open Chap 6 (pgs 79-94)
Week 25-26	Finding Introduction (pgs 1-6), Finding Chap 1 (pgs 7-12), Finding Chap 2 (pgs 13-24)
Week 27-28	Finding Chap 3 (pgs 25-32); Finding Chap 4 (pgs 33-40)
Week 28-29	Finding Chap 5 (pgs 41-52), Finding Chap 6 (pgs 53-60)
Week 30-31	Finding Chap 7 (pgs 61-68), Finding Chap 8 (pgs 69-78)
Week 32-33	Finding Chap 9 (pgs 79-90), Finding Chap 10 (pgs 91-100)
Week 34-35	Finding Chap 11 (pgs 101-114), Finding Chap 12 (pgs 115-126)
Week 36-37	Finding Chap 13 (pgs 127-136), Finding Chap 14 (pgs 137-148)
Week 38-39	Finding Chap 15 (pgs 149-160), Finding Chap 16 (pgs 161-174)
Week 40-41	Finding Chap 17 (pgs 175-182), Finding Chap 18 (pgs 183-194)
Week 42-43	Mystic Way, Introduction and Part I: Purgation (pgs 11-38)
Week 44-45	Mystic Way, Part II: Illumination, (pgs 39-118)
Week 46-47	Mystic Way, Part III: Union, (pgs 119-180)
Week 48-49	Mystic Way, Epilogue, (pgs 181-186)
Week 50-52	Self-Directed Retreat and Ministry Plan